

# Protect Your Privacy When Using DATING APPS



## Online Dating Can Be Risky.

Dating apps present a convenient way to meet potential romantic partners but may pose a risk to your personal data. These platforms are favored by bad actors who often exploit users, secure their private info, then attack.

Many dating apps ask for information upfront to verify your identity. That can be *a lot* of personal information you're giving a company that may have a history of leaking personal data and sharing data with third parties! Other dating app users might also be able to steal your identity based on the personal information you share on your profile or while chatting.

While IDShield can't increase your chances of finding "the one," we can help protect your private data and reputation. [Here are five tips for safer online dating:](#)

1. Do not use dating sites over public Wi-Fi.
2. Manage privacy settings and exercise caution when downloading new apps.
3. Install security software on your device that will scan for malware.
4. Never list your place of work, where you went to school or other personal information, such as your birthday, that could help someone locate you or steal your identity.
5. Do not post anything that could jeopardize your reputation.

Our identity theft protection benefit, IDShield, provides 360-degree protection with online privacy and reputation management services, including anti-malware, a VPN and a password manager from Trend Micro™. If you are not currently enrolled in IDShield, you can enroll during our next open enrollment period.